

BROADHEMPSTON VILLAGE HALL ACTIVITIES – November 2023

DAY	EVENT	TIME	DROP IN / CONTACT
MON	YOGA	10.00-11.00 AM	Contact Liz 07749453894 lizdancing@hotmail.com
	ZUMBA	6.00 – 7.00 PM	£5 per session. Walk ins welcome, or contact Mandi: mandidew@hotmail.co.uk
TUES	PILATES (Beacon Room)	5.45 - 6.45 PM	Contact Sarah Newton: newsarahjane@gmail.com
	SHORT MAT BOWLS	7.00 - 9.00 PM	£3 per session. Walk ins welcome! Contact Joan: joanpreston765@btinternet.com or Rod: rodperriman6@gmail.com
WED	BADMINTON with Lennart	5.00- 6.00 PM	Contact Lennart: lennartdevosvtm@gmail.com
	FUN FITNESS	5.00 - 5.45 PM	See Lennart above. First session is free!
THU	PILATES with Brenda	9.00 -11.00 A	£6.50 per session. Contact Brenda: brendasleeman@live.co.uk or 07702 984 201
	WALKING FOOTBALL	7.45 - 8.45 PM	Contact Lennart: lennartdevosvtm@gmail.com
FRI	BABY & TODDLER	9.00 - 11.00 AM	£2 per session. Walk ins welcome. Contact Pablo: pablo@toledo.org.uk
	HALL FREE TO BOOK	AFTERNOON from 3.00 PM and EVENING	BADMINTON, TABLE TENNIS, PARTIES OR EVENTS
SAT	FUN FITNESS	07.45 - 08.45 AM	Lennart see above
	ZUMBA	9.00 – 10.00 AM	£5 per session, walk ins welcome, or contact Mandi: mandidew@hotmail.co.uk
	HALL FREE TO BOOK	DAY & EVENING	BADMINTON, TABLE TENNIS, PARTIES OR EVENTS
SUN	HULA CLASS	5.00 – 6.00 PM	Contact Christine: hulagran@gmail.com
	HALL FREE TO BOOK	DAY & EVENING	BADMINTON, TABLE TENNIS, PARTIES OR EVENTS