

**BROADHEMPSTON VILLAGE HALL REGULAR ACTIVITIES
MAY 2026**

| DAY | EVENT | TIME | DROP IN / CONTACT |
|-------------|---------------------------------|----------------------------|--|
| MON | YOGA | 9.30 -10.45am | Contact Liz: 07749 453894 lizdancing@hotmail.com |
| | QUIGONG Meditation | 7.00-800pm | For more info call Pierre on 07397 810157 www.stillnessinmovement.co.uk |
| TUES | SHORT MAT BOWLS | 7.00 – 9.00pm | Walk-ins welcome. Contact Joan: joanpreston765@btinternet.com or Rod: rodperriman6@gmail.com |
| WED | BADMINTON | 5.00 - 7.00pm | Walk-ins welcome or contact Lucy: 07787 110686 |
| THU | PILATES with Brenda. | 9.00 -11.00am | Contact Brenda: brendasleeman@live.co.uk or 07702 984201 |
| | ZUMBA | 6.00 – 7.00pm | Walk-ins welcome, or contact Mandi: mandidew@hotmail.co.uk |
| | WALKING FOOTBALL | 7.30 - 8.30pm | Contact Steve Bamford: stevebamford@clara.co.uk or 07977 769450 |
| FRI | BABY & TODDLER | 9.30 - 11.00am | Entry incl. drinks and snack. Walk-ins welcome. Contact Jo: jpderbyshire1@gmail.com |
| | YOGA | 9.30 - 10.30am | Contact Sappo: 07846 339950 |
| SAT | CIRCUIT TRAINING | 8.00-9.00am | Contact Andrea Dobson on hereisandrea@gmail.com |
| | HALL FREE TO BOOK | DAY and EVENING | BADMINTON, TABLE TENNIS, PARTIES OR EVENTS |
| SUN | HULA-HOOP | 5.00 – 6.00pm | Contact Christine: hulagran@gmail.com |
| | HALL FREE TO BOOK | DAY and EVENING | BADMINTON, TABLE TENNIS, PARTIES OR EVENTS |